

M.E.S.

NEWS-of-the-SCHOOL

ALUMNAE

Published quarterly
By the Office

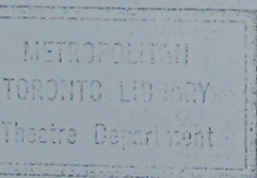
March 1943

Vol. X, No. 3

By the time you get this March News Letter, spring will be here, by the calendar at least. Spring to us means blue skies (hence the blue paper), daffodils (we tried to get yellow too) and pussy willows. To some of you it means examinations, to others exhibitions and demonstrations and to still others, housecleaning! To those who have examinations either to write or to mark, we send our sympathy; to the exhibitors and demonstrators we would suggest that you send us a copy of your programmes and any bright ideas you may have worked out that would be useful to your friends and co-workers. Incidentally if you are going to be in Toronto on Easter Monday, April 26th, the Y.W.C.A. classes under Margaret Dunning, Sirkka Sterner, Louise Mackenzie, Elizabeth Seccombe and Margaret Drummond, augmented by the R.C.A.F., W.D., the C.W.A.C. and the W.R.C.N.S., are having a demonstration in the Varsity Arena. Admission 25 cents. For those who are housecleaning we also have a suggestion. Children's clothing is greatly needed in England, warm men's clothing is needed for Survivors' Bundles, men's, women's and children's clothing is always needed by your local social work organizations. The Alumnae are collecting things for the Victor Home, Toronto (children's up to 3 years), for the English children up to 12 years and for the Survivors' Bundles. Your donation will be very welcome.

For the first time in many years the School is not having a demonstration this spring. An informal dance recital was given in the Household Science Gymnasium on the first of February by the II and III Year students under the direction of Miss Forster. The programme will be of interest to teachers of the Modern Dance and we print it in full. It was a very enjoyable occasion and gave an excellent idea of the work the students are doing in the Modern Dance. The students looked very attractive in their long and short maroon dance dresses.

Programme: Technique - Entrance, Chest Swings, Foot Exercise, Arm Movements, Fall and Recover, Suspended Movement, Rhumba Rhythm.
Studies - Twice as fast, Study in balance.
Dances - Original compositions of the students-
Oriental Prayer.....Ketelbey.....Eileen Cumberland
Deep Purple.....de Rose.....Betty Allen
Kathleen Cuninghame
Waltz.....Sibelius.....Zoe Christie
Peter and the Wolf....Prokofieff....Patricia Austin
Valerie Farewell
Nocturne.....Myrow.....Mary Pelling
April.....Ferdegroffe....Constance Gray's Group
Cry for Freedom.....Addinsell.....Alice Wysoglad



There have been many extra curricular activities for the students this year, most of them part of the university as a whole. In the field of sport there was first the tennis tournament in which Virginia Kitto, II Year S.P.H.E. was the runner-up. Then came the basketball tournament won by S.P.H.E. III Year team from the II Year team by a slight margin. Later the two teams played again with the score a tie, which was very exciting. In the Badminton Tournament, sadly curtailed because of the "frozen" birds, Betty Allen, S.P.H.E. III Year was the winner and Doris Clarke, I Year came second. The Swimming Meet was held in the O.C.E. Pool and was directed by Pat Austin S.P.H.E. III Year. To quote from the Sportsman in The Varsity, "As we look back over our year of sports, golf, tennis, basketball, hockey, badminton and volleyball

flit past our old but twinkling eyes. We gaze further and see the victors in these events as they take their bows - Nurses, Vic, P. & H. E., Vic, P. & H. E. and P. & H. E."

Very successful college functions this year have been the Athletic Nights held on Saturday evenings at Hart House. Attendance has ranged from 800 or 900 to 1500 and the proceeds from the sale of admission tickets, 25¢ each, have gone to war work. At this time all sorts of activities go on in the different gymnasias, some for spectators, others for participants. The night the School of Physical and Health Education students were in charge, there was a swimming demonstration in the pool, basketball games in the big gymnasium, boxing and wrestling, tests for health and skill, round and square dancing. Lots of fun everywhere.

The Refresher Course was a great success as usual. It has now been taken over by the School and next year will be run under the Special Courses Committee of the School Council. Right here we should like to give credit to Dorothy Jackson, who has probably put more into it than any other member of the Alumnae, and to all the Alumnae members, unnamed but not unsung, who have helped to make it possible. The Christmas Refresher Course has been of great value to many teachers and it should go on to further fields of achievement and usefulness under the new School.

In the last issue of the News-of-the-School, we promised to give you a report of the war work of the Alumnae in March. We print it forthwith and feel sure that you will agree that Lois Russell Heaton, the President, and all the workers, deserve a great deal of praise for all they have been able to accomplish.

REPORT OF ALUMNAE WAR WORK

By Lois Russell Heaton

The war work of The Margaret Eaton School Alumnae is progressing. Many new demands are being met successfully. Last Christmas friends and members donated 170 Ditty Bags valued at approximately \$1000, to the Navy League. The Christmas basket project was the most successful one to date. Three large, soldiers' families were sent complete hampers, including food, clothes and toys. The Victor Mission for Women was also given a cash donation and four complete cots for the War Nursery, which also receives infant clothing periodically. The British Minesweepers have been sent a donation to purchase turtle-neck sweaters. Members and friends continue to knit for the services. To date \$348.68 has been spent on wool for all purposes. A drive for clothing for Survivors' Bundles is in progress. The Group recently completed a unit of surgical dressings for the Red Cross. Many members are working on the current Red Cross Campaign as voluntary canvassers. The following financial donations have been made: Red Cross Campaign (twice) \$50.00 in all; Russian Relief (3 times) \$85.00 in all; Chinese Relief (3 times) \$105.00 in all; Greek Relief (once) \$10.00. The overseas mailing list is steadily growing and includes prisoner of war gifts. The Alumnae has now 23 of its members on Active Service, as well as Fan J. Lee who is continuing her nursing in Hong Kong and Mrs. George Mark who is thought to be serving with her husband, Dr. Mark in unoccupied China. Monthly meetings are held the first Friday evening of each month at the home of a member, announced in local papers prior to that date. The three remaining meetings are held on Friday from 12:30 to 3:30 at the school, 415 Yonge St. A letter has just been received from a member of the crew of a motor launch or sub-chaser at Halifax, asking that we adopt this ship with its crew of 17. This question will come up at the next evening meeting, April 2nd. If the Group decide to adopt the ship, we shall need all the help we can get from each member of the Alumnae.

The Alumnae are also making an afghan. If you have any odd bits of wool, any colour, and would like to knit a square, here are the directions. Take #10 needles. Cast on 2 stitches, increase 1 stitch at the beginning of each row by knitting in the front and then in the back of the first stitch. Continue until the square measures 6 inches. Then decrease 1 stitch in each row by knitting the first 2 stitches of each row together. Measure by placing on a 6 inch square of cardboard.

THE PHYSICAL EDUCATION TEACHER AND THE WAR

By Florence A. Somers

Physical education must go on! Whether it be for the normal development of our important assets - children, or for recreation of the country's important war workers, physical education is considered essential in war times.

You have doubtless read of the increasing juvenile delinquency found in the large centres. We know there are a number of reasons for this, including the natural unrest of children during a war, and the fact that many parents are at work and unable to give the usual attention to their children. We also know that if those children were busily occupied in play and creative activities under good leadership, they would not only be too busy to get into difficulty, but they would be happier and more normal children. We must not forget that the right leader can use self-testing activities, games and sports to develop good attitudes of sportsmanship, thoughtfulness of others and all the traits of good citizenship. This possibility has not been well enough explored, and there have not been nearly enough well-trained leaders who knew the proper procedure to get results.

And what about our profession in education? A continuous and thorough programme of physical education in the school system will not only accomplish the results I have just described, but also, because of its regularity, its frequency and its facilities, will produce physical stamina, endurance, vitality. These are important for our growing citizens at any time. They are exceedingly more important in war time.

One thing we have learned is that these things - health, character, social adaptability - do not just occur. They are not inherent in the activity itself. They are dependent on the leader, and the use which he knows how to make of the activity.

This brings me to my reason for writing. If our country is to prosecute the war successfully and at the same time provide for its future (determined by the quality of its future citizens), we must have good leaders of health and physical education in the schools and in the recreation agencies. The recently announced bill presented to the House of Commons Social Security Committee which includes recommendation for a national physical fitness programme, is good evidence that our government recognizes this great need.

We are well justified in feeling proud of our profession which fills an important need in our civilization in war and in peace.

.....

This winter the McGill School of Physical Education invited five of our girls to go to their Ski School. Only one student from S.P.H.E. could go, but she had a grand time, as you can tell from the following description of her week in the snow.

THE MCGILL SKI SCHOOL

By Jeanne Stinson

"Seven whole days in the Laurentians! Sounds wonderful and it was. Every minute, from the time we first caught sight of the station at Ste. Adele en Bas until we took our last longing glance at those beautiful rolling hills, was packed brimful of thrills, spills and fun in general!

On arrival Saturday morning, girls, skis and luggage were hustled into fur-lined sleighs. We sang songs that the merry French driver taught us, while jingling sleigh bells kept time, along the narrow winding streets up to our abode, "Snugboro". That afternoon, we were given try-outs on the Chantecler Hill, to see which group we'd be placed in for instruction. Classes were from 10-11:30 for Group A, and from 11:30-

1:00 for Group B, every morning from Monday till Friday. This meant Sunday free. I spent the whole day exploring trails and hills. It was the "seventh heaven" for me - clear blue skies, sunshine, five feet of blue powder snow, ski tows, hills with not a rock or bump in sight, gay laughing skiers (mostly French-Canadians), all out for a "bang-up" time. And what could be more perfect than standing on the highest peak, on top of the world as it were, looking out over the colorful quaint village snug-gled so cozily beside the lake, among the hills.

Mr. Scoffield, our ski professor, started us from rock bottom - how to walk on skis, kick turns, correct downhill and traverse positions etc., and by the end of the fifth lesson, we had progressed to stem christies and were beginning parallels, (the aim of almost every skier). I hope to go back next year to finish that lesson.

Most of the afternoons were free for practising and wandering around at will. Mr. Van Wagner, a McGill professor, took us on several cross country hikes, through the woods, across open fields, to Chiriotto's Inn and other spots of local interest. One of these was an all-day affair. We took the train from Ste. Adele to Val Morin, 10 miles north, and then skied back via Ste. Margaret's. Lunch was in the form of a cookout beside a running stream, which proved rather difficult because if you ever stepped off your skis you were in snow to your waist. On the trip we skirted the foot of Mt. Baldy, one of Canada's fastest and trickiest downhill runs. Even looking at it, took my breath away.

Evenings were spent in many ways--we had "waxing bees", saw ski films, had informal talks with Mr. Scoffield, went to movies and dancing in the Chantecler Lodge, or if we felt "done-in" after an extra active day, we contented ourselves by sitting around the fire, knitting, singing and telling stories. Friday night, we went for a gay sleighride. The week flew by all too quickly, but every single minute of it will always be very vivid in my memories."

NEWS NOTES:

Dorothy Jackson of our staff and graduate of The Margaret Eaton School, has been granted six weeks leave of absence to go with Miss Zerada Slack, Health Education Secretary of the National Council, Y.W.C.A., on a tour through the west. Refresher Courses will be conducted in different cities and other centres will be visited. The following is their itinerary:

Winnipeg	March 14-18	c/o Y.W.C.A.
Brandon	March 18-21	Prince Edward Hotel
Regina	March 21-25	Hotel Saskatchewan
Moose Jaw	March 25	En route
Banff	March 26-28	Mount Royal Hotel
Calgary	March 28-April 1	The Palliser Hotel
Victoria	April 2-6	c/o Y.W.C.A.
Vancouver	April 6-12	c/o Y.W.C.A.
Edmonton	April 13-17	Hotel Macdonald
Saskatoon	April 18-20	Hotel Beasborough
Winnipeg	April 21-22	Fort Garry
Toronto	April 24	

Miss Somers, Miss Forster and Mrs. McCatty are taking the classes that could not be finished before Miss Jackson left.

Born on December 23, to Marion Hobday Allen and Major Allen, a daughter, Jennifer Rosemary Seymour. Major Allen's work has taken him to Ottawa and Mrs. Allen and Jennifer expect to join him there soon.

Friends of Miss Mary Irene Thomson, who was on the staff of The Margaret Eaton School from 1931-33, will be interested to hear of her marriage to Mr. R.M. Stoddart. Mr. and Mrs. Stoddart are living at 2932 Yonge Street, Toronto.

Adrienne Adams Lea has gone to Three Rivers, Quebec, to join her husband who is taking the officers' training course there.

Dorothy Allen is director of physical education at the Y.W.C.A., Binghamton, N.Y. Y

Esther Baskette (Mrs. Andrew McCollum) who lives in Ellendale, Louisiana, wrote to Miss Hamilton at Christmas time: "Just finished reading the News-of-the-School which I do regularly, rarely finding a name I can remember. What a long time ago that other war seems. Do you remember the grand affair we put on to raise money for bread for Canadian prisoners?...I have a daughter Ellen who is 17 and a freshman at L.S.U. taking Physical Education...My son, Andrew Jr., is 13 and a sophomore at high school..We are just finishing our sugar crop- were lucky to do so at all as we've almost no labor...I started a Little Theatre here 3 years ago. It did well until Pearl Harbour. Then we began conserving tires and now all my trips to town are Red Cross and Civilian Defence, so the Theatre is dormant for the duration."

Joyce Bertram is teaching at the Ontario Ladies' College, Whitby, this term and is very enthusiastic about her work.

Kay Bird (Mrs. James McWilliams) is a V.A.D. at Deer Lodge Hospital, Winnipeg, a military hospital similar to Christie St. Hospital in Toronto. Kay's husband is a reconnaissance pilot in Libya.

Elizabeth Bleakney is teaching at Crofton House School, Vancouver, B.C.

Diana Cameron is in charge of the Women's Division, R.C.A.F. at St. Hubert, Que.

Dorothy Cameron, who joined the staff of the Dependent Soldiers' Allowance Department Ottawa, in January, has been transferred to Kingston. We congratulate Dorothy on her promotion.

Lucille Chambers Jacob is with the Women's Section of the National Selective Service, at Bay and Grenville Streets, Toronto.

Sylvia Collier-Wright of York House School, Vancouver, was here for the Refresher Course at Christmas time.

Grace Craig of the C.W.A.C., is in the Military Hospital Laboratory, Camp Borden.

Katharine Archibald Cumming was married to Mr. Francis Desmond Roberts on Saturday, January 9th, 1943 at Fort Massey Church, Halifax. They are living in Ottawa.

Molly Dallas Fess, and her two sons, Bill and Peter, are living with Peggy Wilkin Armstrong's mother, Mrs. J.F. Wilkin, at 185 Poplar Plains Road.

Theo Elmsley has finished her officer's training in the C.W.A.C. at Ste. Anne de Bellevue, and is now Second Lieutenant at Vermilion, Alberta.

Lieutenant Joan Fellowes, is stationed at the Advanced Training Centre, Ste. Anne's.

Jean Finch, also of the C.W.A.C., has completed her N.C.O.'s course at Ste. Anne's and has gone back to Vermilion.

Dorothy Forsyth writes very interestingly of her work at the Provincial Normal School in Winnipeg. Her work must be popular with the students, judging from the fact that she has three tap classes in the noon hour.

Phyllis Gale, now Sergeant Gale, took the N.C.O.'s course at Ste. Anne's before Christmas and after her long leave spent at home with her family, was posted to Ottawa.

Norah Gauld Wistow and Mr. Wistow, have returned to Toronto and are living at 23 Cortleigh Boulevard.

Born to Lissen Glahn Bodtker and Mr. Bodtker, a daughter, Karen, on February 7th.

Phoebe Hamilton and Bette Marshall gave a demonstration of the modern dance recently to Phoebe's pupils at Strathcona Lodge. "Bette gave a very good speech-history and ideas of dance etc.,-then we did techniques with explanations, and then the three compositions we had made up....It seemed worth-while, as the children have been tossing "dynamics, levels" etc. at me ever since."

Corporal Rosemary Heseltine who has been recruiting for the R.C.A.F. W.D. in Windsor, Ontario, for the past three months, has returned to No. 2 C.T.S., Toronto. Elizabeth Jarvis was married on Saturday, March 6, to Mr. Frank Johnston of Toronto. They will live at 1 Anderson Ave. and Elizabeth will continue her teaching at Bishop Strachan School. Third Officer Joyce Jarvis, W.R.C.N.S., was her sister's bridesmaid.

Margaret Jess has enlisted in the Navy and the last we heard was taking her basic training at the Naval Establishment in Galt.

June Kennedy was married to Mr. G.A. Rumble at the Guild of All Arts, Scarborough, on Christmas Eve. They are living at 120 John Street, Stratford, Ont.

Dorothy Leggett is taking her basic training in the R.C.A.F. W.D., at Rockcliffe. From there she goes to Guelph to take her training in "Codes and Ciphers."

We had a call recently from Jess Loaring Edmonson. Jess is taking over the physical education work at the Windsor Y.W.C.A. in place of Elinor Wallace Souchuk. After her demonstration on March 18, Elinor is joining her husband at Sydney, N.S.

Marion O'Brien, who was a student at The Margaret Eaton School during the fall months of 1941 but gave up the work on account of illness, was married on February 23, 1943 to Mr. W.S. Bauld and is now living at 24 Heathdale Road, Toronto.

Dorothy O'Neill Earle is in St. John's Convalescent Hospital, Newtonbrook, following a serious operation on her back. Dorothy has to be flat on her back for four months but she is getting along nicely.

Born on November 22, 1942, to Dr. and Mrs. Creighton (Catharine Oxner) a son, John Graham, a brother for Ruth and Anne.

Born to Mr. and Mrs. Stuart Keate (Letha Mellicke) on January 21, a son, Richard Stuart.

Jean Meredith was married on December 31 to Mr. Herbert C. Burke and is living at 132 Sayles Boulevard, Abilene, Texas.

Donalda Mooney (Mrs. Wm. Brooks) with her small daughter Mary Jean, is living at Burford, Ontario, where her husband, Pilot Officer Brooks, is an instructor in the R.C.A.F.

Friends of Dora Mavor Moore will be glad to hear that she is improving after her serious illness. Mrs. Moore's son Francis is senior resident inspector with the British Air Commission in New Jersey, Peter is overseas with the tank corps and Mavor is a producer with the C.B.C. where he does a lot of Red Cross and propaganda shows.

Bretta Powles, after many months of waiting, finally secured her passage on a plane to Kingston, Jamaica, and is now hard at work in the Y.W.C.A. there.

Louise Proctor Hooper and Major Hooper are living in Kingston, Ont. while Major Hooper takes the Canadian War Staff Course at R.M.C. Their address is 123 King St. East.

Georgie Road Macdougall is time keeper at the Wartime Metals Corporation, Emerald Tungsten Project, Salmo, B.C. She wrote to Miss Somers recently: "I keep the men's time which means I have to visit the mine and construction jobs each day. I check the meals served at the Mess House every day, make out the pay-roll each month and distribute the labor costs besides writing the odd letter."

In addition to her teaching at the Provincial Normal School in Fredericton, N.B., Kay Reed is doing the girls' work at the local Y.M.C.A.-Y.W.C.A.

The engagement is announced of Florence Riley to Lieut. Robert Dorsey of Hamilton. Florence expects to be married on Saturday, March 27 but is continuing her work with the Brantford Y.W.C.A..

Helen Ricker is physical education director for girls at the H.B. Beal Technical School, London, Ont. She commenced her work early in January.

Born to Flora Secord Davidson and Capt. Davidson, a son, Hugh James, on February 16, 1943.

Elise Smyth was married on February 3rd to Sub-Lieutenant Campbell Young Spratt, R.C. N.V.R. at St. John's, Newfoundland. Roberta Hill Elkin attended her.

Mary Sovereign was married on November 14, 1942 in the Chapel of All Saints' Cathedral, Edmonton, to Lieut. Michael Fowler Barnes of the Canadian Armored Corps. Mary is a radio observer at the C.P.R. Air School in Edmonton while Lieut. Barnes is overseas.

Section Officer Kay Staples has been transferred to the Air School at Mossbank, Sask.

Ethel Stevens has been appointed in charge of the new Day Nursery recently opened in the Dentonia Park United Church. Ethel had to buy the equipment and get everything organized. The Nursery will accommodate 50 pre-school children and Ethel will have one trained assistant, a cook, an assistant cook and volunteers.

Helen Tremayne is spending the winter in Toronto, with friends at 1176 Mt. Pleasant Rd.

We understand that Maryon Weiss, who took her training at No. 2 C.T.S. Jarvis Street Toronto, (R.C.A.F., W.D.) has been posted to Mossbank, Sask.

Leola West Raymond wrote at Christmas time, that she has a little daughter, Janet Anne, born September 23rd, 1942. Mr. Raymond's work has taken him to the Gaspé Coast and Leola goes there in the summer with the children.

Phyllis White Fraser also wrote at Christmas time of her daughter, Diane Anson, born October 9, 1942, "the most beautiful baby in the world". She certainly is cute.

Phyllis Wray Barratt has had to give up her work as director of physical education

for girls at Dalhousie University on account of trouble with her foot. She is now doing secretarial work with a local union of marine workers and committee work with the Co-operative movement.

We extend our sincere sympathy to:

Flora Musgrave in the death of her father on November 26, 1942 after only three days' illness.

Frances Pearce Gunn in the death at Dieppe of her brother, Lieut. John Pearce.

Edith Seixas Browne, whose mother, Mrs. E.F. Seixas, passed away on December 29th at her home, 40 Kilbarry Road, Toronto.

A reminder - April evening meeting of the Alumnae - April 2nd at Miss Somers' home, Apartment 306, 2 Sultan Street. Important! Election of officers.

NOTES OF INTEREST TO THOSE ACTIVE IN THE PHYSICAL EDUCATION PROFESSION:

One of the most useful magazines for recreation leaders is "Recreation", published monthly by the National Recreation Association at 315 Fourth Avenue, New York. Price \$2.00 per year. It is both inspirational and practical and in these days when nearly all physical education teachers are also recreation leaders, not many can afford to be without it.

The National Recreation Association also has a monthly Recreation Bulletin Service for \$2.50 a year, which sends out mimeographed sheets of interest to leaders.

The Camping Magazine (\$2.25 a year) for March carries this item: "If you would like to receive copies of an interesting monthly pamphlet, 'Craft Reporter', mailed free to those interested in crafts, just write to Craft Service, 337 University Avenue, Rochester, N.Y. They'll gladly send one to you."

There is a stimulating article in The Advertiser's Digest, December 1942, compiled by the Saturday Night Press, entitled, "Keep Fit While You Work". The original article appeared in Forbes and was written by H.S. Kahn. There are a few copies of this left which may be had for the asking. Write to Mr. George Franklin, Saturday Night Press, 73 Richmond St. West, Toronto. If he has any, he will send one to you. If you do not hear from him, you will know they are all gone.

Teachers and leaders who are coming across symptoms of war tension and nerves, should read "Relaxation to the Rescue" by Dorothy Nye and Josephine Rathbone, published by the Women's Press, New York. The National Council, Y.W.C.A., 571 Jarvis Street, Toronto, carry this at fifty cents a copy.

Another reminder - Have you paid your membership fee in the Canadian Physical Education Association? This is important. Send your dollar to Miss Jean Forster, School of Physical and Health Education, University of Toronto.

Charlotte H. Leyton



The **Margaret Eaton School Digital Collection** is a not-for-profit resource created in 2014-2015 to assist scholars, researchers, educators, and students to discover the Margaret Eaton School archives housed in the Peter Turkstra Library at Redeemer University College. Copyright of the digital images is the property of Redeemer University College, Ancaster, Canada and the images may not be copied or emailed to multiple sites without the copyright holder's express written permission. However, users may print, download, or email digital images for individual non-commercial use. To learn more about this project or to search the digital collection, go to <http://libguides.redeemer.ca/mes>.